

INSTITUTE PROTOCOL FOR MICROPRICKING (Cartridge 9MP 0.18)

Cabin Preparation

Apply the transparent film to the entire workbench, equipment and handpiece holder.

- Place the Towel on the support surface
- Protect the handpiece and cable with the special disposable plastic protection.
- Prepare all **1NEED PROLINE** products needed to carry out the treatment.
- Wear nitrile gloves, mask and washcloth.

Working Protocol

- **1NEED PROLINE MOUSSE BALANCE.** Cleanse the face to prepare the skin for the Micropricking treatment. Rinse thoroughly. If necessary, repeat the cleansing.
- Blot and dry with Kleenex.
- Put the nitrile gloves on both hands.
- **1NEED PROLINE SANITAZING TOWELS.** Pass the sanitizing discs over the entire area to be treated.
- **1NEED PROLINE CALMING FORMULA.** Apply generously all over the face, creating thickness. Leave on for 20-30 minutes. Remove any residue with dry Kleenex.
- Proceed with the **Micropricking** technique *.
- **1NEED PROLINE SANITAZING TOWELS.** Pass the sanitizing discs (smooth side) over the entire treated area.
- **1NEED PROLINE BALANCING BIOMASK.** Leave on for 10-15 minutes, then remove and eventually dab with Kleenex. Wait a few seconds before proceeding to the next step.

* MICROPRICKING TECHNIQUE

1. Start from the chin area and continue working in the direction of the masseter, then the lip and finally over the entire cheek area up to the temporal area. In this area, keep the frequency at **150** with **OMNIA** device or **speed 5** or **6** with the **1NEED** handpiece and carry out the work from the center of the face outwards with circular movements, remembering that the handpiece must always be well perpendicular to the skin. Carry out a first test using the cartridge positioned on the **0.15mm level** of the handpiece, then if the skin and sensitivity of the person allow it, proceed with the cartridge positioned on the **0.3mm level**. Perform on the same area from **3** to **5** steps in the same manual.
2. Proceed with the treatment, always making circular movements on the orbicular area of the eye and on the forehead, setting the frequency to **110** on the **OMNIA** machine, **speed 4** on the **1NEED** handpiece. Remember that in these areas the positioning of the cartridge is always one level less than that used in the other areas (for example, if you used the cartridge positioned on the **0.3mm level** on the chin and cheeks, it will be positioned on **0.15mm** for the forehead and orbicular eyes). Pay close attention as they are particularly sensitive areas and the skin tends to be thinner. Perform **2** to **4** steps. Proceed with the same technique on the neck and décolleté.
3. End with the treatment by carrying out specific manual actions on individual wrinkles. Proceed linearly in the direction of the wrinkle from the inside to the outside of the face. Depending on the area where the wrinkle is located, keep the cartridge on the level previously used for circular movements. Perform **1** to **2** steps on the single wrinkle.
4. **Specific lips:** Set the frequency to **110** on **OMNIA** device, **speed 4** to **1NEED** and place the cartridge on the level used for the cheek area. Make circular movements on the curb of the upper and lower lip. Subsequently, proceed linearly in the direction of the curb from the center of the lip (upper and lower) outwards.
5. **Specific nose:** Use the same method used to treat single wrinkles, but in the opposite direction. Then proceed from the outside of the face towards the tip of the nose.

Course of Treatments

It takes from 4 to 6 treatments, 1 every 15 days. Results are cumulative and become noticeable after the first month. The specific active ingredients are applied to the skin to further promote the formation of Collagen and the correction of various imperfections. Already after a few hours, the slight redness caused by the treatment subsides and the client is able to immediately return to his normal life. In the space of a few weeks, you will notice that your skin takes on greater tone, with an excellent result even on wrinkles that are particularly difficult to treat such as peribuccal ones. The treatment is contraindicated in subjects with a tendency to form keloids or with active acne.

Between one treatment and another you can combine other types of treatments such as NanoPeel, radiofrequency or other.

INSTITUTE PROTOCOL FOR MICRONEEDLING (Cartridge 9MN 0.18)

Cabin Preparation

Apply the transparent film on the entire workbench, equipment and handpiece support.

- Place the Towel on the support surface.
- Protect the handpiece and cable with the special disposable plastic protection.
- Prepare all **1NEED PROLINE** products needed to carry out the treatment.
- Wear nitrile gloves, mask and washcloth.

Working Protocol

- **1NEED PROLINE MOUSSE BALANCE.** Cleanse the face to prepare the skin for the Microneedling treatment. Rinse thoroughly. If necessary, repeat the cleansing.
- Blot and dry with Kleenex.
- Put the nitrile gloves on both hands.
- **1NEED PROLINE SANITAZING TOWELS.** Pass the sanitizing discs over the entire area to be treated.
- **1NEED PROLINE CALMING FORMULA.** Apply generously all over the face, creating thickness. Leave on for 20-30 minutes. Remove any residue with dry Kleenex.
- According to the type of advanced treatment desired, select the medical substance to be conveyed according to the problem to be treated. Microneedling can in fact be used to tone and rejuvenate skin tone and deep wrinkles, treat acne and keloid scars, stimulation and activation of collagen, stimulation of the scalp for hair regrowth, anti-cellulite treatments and anti-stretch mark treatments.
The products used must be medical and injectable.
- Proceed with the **Microneedling technique ***.
- **1NEED PROLINE SANITAZING TOWELS.** Pass the sanitizing discs (smooth side) over the entire treated area.
- **1NEED PROLINE BALANCING BIOMASK.** Leave on for 10-15 minutes, then remove and eventually dab with Kleenex. Wait a few seconds before proceeding to the next step.

* MICRONEEDLING TECHNIQUE

1. Divide the facial area into 6 parts, 1 forehead, 2 periocular areas, 3 nose area, 4 lips, 5 chin and 6 cheeks. Always treat one area at a time. Maintain the frequency at **150/160** with **OMNIA** device and **speed 6** with **1NEED** and carry out the working procedure, remembering that the handpiece must always be well perpendicular to the skin. Manuality must be done by always creating four lines and directions, vertical, horizontal, right diagonal and left diagonal. All the steps must be repeated in one direction and the other. Carry out a first test using the cartridge positioned on the depth level lower than the desired working depth of the handpiece, then if the skin and the sensitivity of the person allow it, proceed with the cartridge positioned on the maximum desired level.
2. Proceed with the treatment, carrying out the same movements on the orbicular area of the eye and on the forehead, setting the frequency at a lower level than that used on the 6 cheek area. Remember that in these areas the positioning of the cartridge is always one level less to that used in the other areas (for example, if you use the cartridge positioned at the **1.5mm** level on the chin and cheeks, it will be positioned on **0.75mm** or **1mm** for the forehead and orbicular eyes). Pay close attention as they are particularly sensitive areas and the skin tends to be thinner. Proceed with the same technique on the neck and décolleté. Remember that the correct working depth is the one that allows you to see the release of small dots of blood that correspond to the breakage of the fibroblasts. No pin blood, means you are working too superficially.
3. End with the treatment by carrying out specific manual skills on individual wrinkles or scars or stretch marks. With the “stamp” technique, working on the entire extent of the scar or deep wrinkle. Proceed linearly in the direction of the wrinkle from the inside to the outside of the face. Depending on the area where the blemish is located, keep the cartridge vertical and work to “stamp” on the specific blemish.

Course of Treatments

It takes from 4 to 6 treatments for the activation of collagen and the attenuation of deep wrinkles, up to 12 treatments in cases of severe keloids and deep scars at least 30 days apart. The results are cumulative and become evident after the first 3-4 treatments. After 24 or 48 hours, the redness caused by the treatment fades and the customer is able to return to his normal life, as long as he applies specific cosmetics and active ingredients for home use containing sunscreens for the following month.

INSTITUTE PROTOCOL FOR NANOPEEL TREATMENT (130AN Cartridge)

Cabin Preparation

Apply the transparent film to the entire workbench, equipment and handpiece holder.

- Place the Towel on the support surface.
- Protect the handpiece and cable with the special disposable palstic protection.
- Prepare all **1NEED PROLINE** products needed to carry out the treatment.
- Wear nitrile gloves, mask and washcloth.

Working Protocol

- **1NEED PROLINE MOUSSE BALANCE** Cleanse the face to prepare the skin for the NanoPeel treatment. Rinse thoroughly. If necessary, repeat the cleansing.
- Blot and dry with Kleenex.
- Put the nitrile gloves on both hands.
- **1NEED PROLINE SANITAZING TOWELS.** Pass the sanitizing discs over the entire area to be treated.
- Proceed with the Scrub NanoPeel Treatment * technique.
- Proceed with the NanoPeel Treatment ** Peeling technique for 10-15 minutes, taking care to divide the facial area into four parts, right and left, top and bottom.

- Remove thoroughly with warm water.
- **1NEED PROLINE MOUSSE BALANCE.** Apply to the face and massage gently for a few minutes, then remove with Kleenex.
- **1NEED PROLINE SANITAZING TOWELS.** Pass the sanitizing discs over the entire treated area.
- **1NEED PROLINE BALANCING BIOMASK.** Leave on for 10-15 minutes, then remove and eventually dab with Kleenex. Use any residue for a moisturizing massage.

Course of Treatments

The treatment can be carried out once a week or alternated with the treatment of Microneedling or Micropricking, especially in case of skin discoloration.

Tips

It is advisable to carry out the NanoPeel treatment as the first appointment of any other path to prepare the skin to receive the functional substances that will be applied later.

* NANOPEEL TREATMENT SCRUB TECHNIQUE

1. Use the **130AN** cartridge positioned on the **0.75** level of the handpiece. With clean and dry skin, start from the chin area and continue climbing in the direction of the masseter, then the lip and finally over the entire cheek area up to the temporal area. In this area, keep the frequency at **150** with **OMNIA** device and at **speed 5** or **6** on **1NEED** handpiece and carry out the working procedure from the center of the face outwards with linear and grid movements, such as drawing an asterisk. Perform on the same area from **3** to **5** steps in the same manual.
2. Proceed with the treatment, always carrying out linear and grid movements on the orbicular area of the eye and on the forehead, setting the frequency to **110** on **OMNIA**, **3** or **4** on **1NEED**, keeping the positioning of the **130AN** cartridge always at the same level. Pay close attention as they are particularly sensitive areas and the skin tends to be more delicate. Perform **2** to **4** steps. Proceed with the same technique on the neck and décolleté.
3. Specific nose: Set the frequency to **110** on **OMNIA** or **speed 4** on **1NEED** and proceed linearly with specific movements towards the tip of the nose, then from the outside of the face towards the tip of the nose. Perform **2** to **4** steps.

** NANOPEEL TREATMENT PEELING TECHNIQUE

1. Use the **130AN** cartridge positioned on the **0.75** level of the handpiece. Start from the chin area and continue in the direction of the masseter, then the labial and finally over the entire cheek area up to the temporal area. In this area, keep the frequency at **150** on **OMNIA** and **5/6** on **1NEED** and carry out the working procedure from the center of the face outwards with circular movements, remembering that the handpiece must always be well perpendicular to the skin. Perform on the same area from **3** to **5** steps in the same manual.
3. Proceed with the treatment, always making circular movements on the orbicular area of the eye and on the forehead, setting the frequency to **110** on **OMNIA**, **3** or **4** on **1NEED**, keeping the positioning of the **130AN** cartridge always at the same level. Pay close attention as they are particularly sensitive areas and the skin tends to be more delicate. Perform **2** to **4** steps. Proceed with the same technique on the neck and décolleté.
4. **Specific nose:** Set the frequency to **110** on **OMNIA**, **3** or **4** on **1NEED** and linearly proceed by carrying out specific manual skills towards the nose's tip, then from outside of the face towards the nose's tip. Perform from **2** to **4** steps.

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